

Course Outline



“smart training for clever people”

Coaching For Star Performance

1 Day

Master the basics of workplace coaching so you can lead your team to success. Learn how to use coaching techniques to motivate and inspire your staff. Coaching is an effective tool for improving work performance and getting the best possible results from feedback. You can use it to address performance problems and – more importantly – to take your best performers from good to great. Learn why coaching works. Then find out how to use coaching in YOUR workplace.

What you'll learn to do in this course

You'll come out of this session with powerful tools for coaching members of your team. We'll bring theory to life and tell you how to succeed. You'll talk through examples and enjoy practical exercises. You'll walk away with practical tips for applying what you learn in real-life situations. At the end of the course, you should be able to:

- Understand what coaching is and why you it improves performance
- Decide when to coach
- Use a three step process to lead a coaching conversation
- Ask questions to prompt problem-solving and performance improvement
- Give feedback in a way which engages and inspires change

Topics you'll cover

- Introduction to coaching
- Choosing when to coach
- Using the present to desired state model
- Solution focussed questions
- WISH feedback

What others have said about the course...

'Very, very informative and practical, easy to follow concepts and I feel more confident'

Maria. Autism Spectrum 2013

'Was practical and directly applicable to my workplace. Gained several skills to enhance my performance at work'

Nicole. Woollahra Council 2013

'Well put together presentation which utilised real life examples to illuminate the concepts'

Casey. University of Western Sydney College 2015

'Positive, the communication was kept affirming, space was made safe'

Barbara. Calvary Mater 2015

Book your training NOW

Call Eleanor Shakiba on 0433 126 841

Download course information at www.thinklearnsucceed.com.au