

MENTORING SKILLS FOR LEADERS

COURSE OUTLINE



DYNAMIC TRAINING BY THINK LEARN SUCCEED

Training to inspire positive deviance

Course overview

Every manager dreams of having a motivated, high-performing team. Mentoring can help you create that team. Learn how to be a great mentor, by applying techniques from positive psychology. Find out how to help your people build their strengths, think creatively and build flourishing careers. Learn to structure a mentoring conversation to build motivation. Hear ways to coach 'negative thinkers' into more constructive mindsets. Get tips for helping your most talented people learn, grow and achieve by using career mentoring strategies.

What you'll learn in this course

By the end of this course, you should be able to achieve these results.

- Choose when - and who - to mentor at work
 - Inspire and engage a mentee by helping them set meaningful goals
 - Pinpoint and develop a mentee's signature strengths
 - Use coaching techniques to develop your mentee's thinking skills
 - Deliver developmental feedback
 - Apply simple career guidance techniques during a mentoring session
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Topics you'll cover

- What is mentoring?
- Setting up for success
- Building motivation
- Creating growth mindsets
- Spotting and building strengths
- Coaching for success
- Giving developmental feedback
- Mentoring for career development

Meet your facilitator

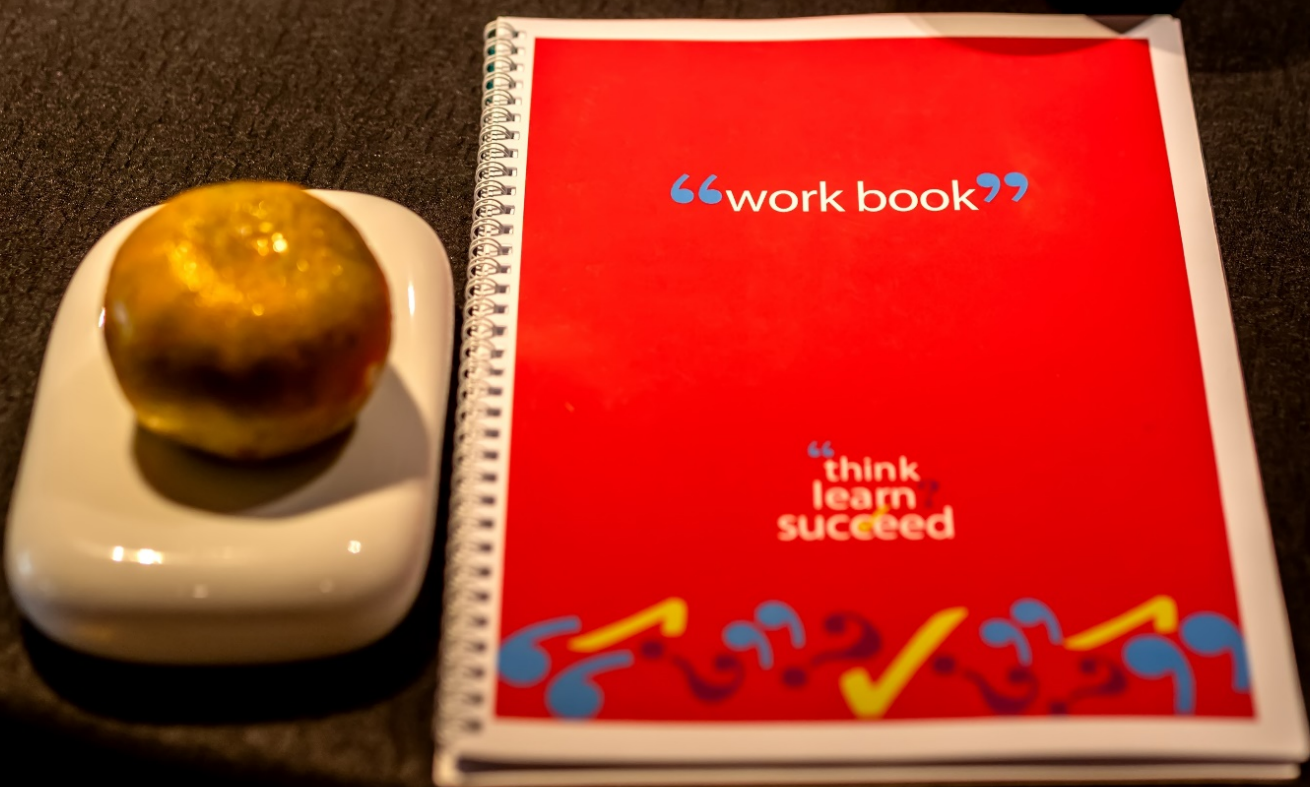
Eleanor Shakiba is a positive psychology trainer and success coach. Her training style is dynamic and bold, with a dash of quirky humour. She believes that interaction, activity and experimentation promote learning. That's why she uses experiential training techniques instead of 'chalk and talk' lectures.

In her early career, Eleanor ran an educational theatre company. In the mid 1990s, Eleanor discovered her passion for facilitation and adult education. She worked for ten years as a trainer and facilitator at the University of Sydney. In 2006, she founded Think Learn Succeed – a business which delivers training courses and coaching. Eleanor loves working with 'positive deviants'. These are people who differ from the norm in constructive ways. Eleanor works with positive deviants to create vibrant business cultures and peak performance.

Eleanor is qualified in Social Anthropology, Adult Education, Counselling and Positive Psychology. She delights in helping professionals learn skills for success in the real world, using interactive learning techniques. Her students describe Eleanor as 'a lively and enthusiastic presenter who can keep you engaged for hours.'

Creativity is Eleanor's signature strength. She loves using it to write books, video scripts and online training programs. Eleanor is the author of *Difficult People Made Easy* and is currently writing her second book, *6 Habits of Savvy Female Negotiators*. She has also created over 120 training programs and a range of online learning courses.





BOOK THIS COURSE FOR YOUR TEAM
CALL ELEANOR ON 0433 126 841
ADMIN@THINKLEARNSUCCEED.COM.AU