

# WOMEN IN LEADERSHIP: FOUNDATION SKILLS

COURSE OUTLINE

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DYNAMIC TRAINING BY THINK LEARN SUCCEED



# Training to inspire positive deviance

## Course overview

Great leaders motivate, inspire and empower their teams. However, women in leadership positions may face a number of challenges as they do this. In many organisations, the first challenge is simply gaining visibility and credibility. The next is addressing systemic or cultural factors which block success. Learn how to deal with those challenges and perform at your peak. Discover how to power up your credibility and influence, without getting your people offside. Get tips on building engagement and motivation in your team. Find out how to shape a positive leadership 'brand'. This is a practical workshop, in which emerging female leaders can set the foundations for success.

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## What you'll learn in this course

**By the end of this course, you should be able to achieve these results.**

- Speak and behave in ways that build your credibility as a leader
  - Avoid common pitfalls which women encounter when they break the glass ceiling and enter leadership roles
  - Build a vision which will keep you – and your team – motivated and inspired
  - Shift from 'follower' to 'leader' mode when communicating
  - Use strengths theory to bring out the best in your people (and yourself!)
  - Track and shift group dynamics, so you can build a healthy team or business culture
  - Complete a gender and leadership assessment, so you can pinpoint your strengths and development goals as female leader
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## Topics you'll cover

- Introduction to women in leadership
- Establishing your credibility as a leader
- Creating a compelling vision
- Communicating and influencing
- Motivating and engaging your people
- Creating positive team dynamics

## Meet your facilitator

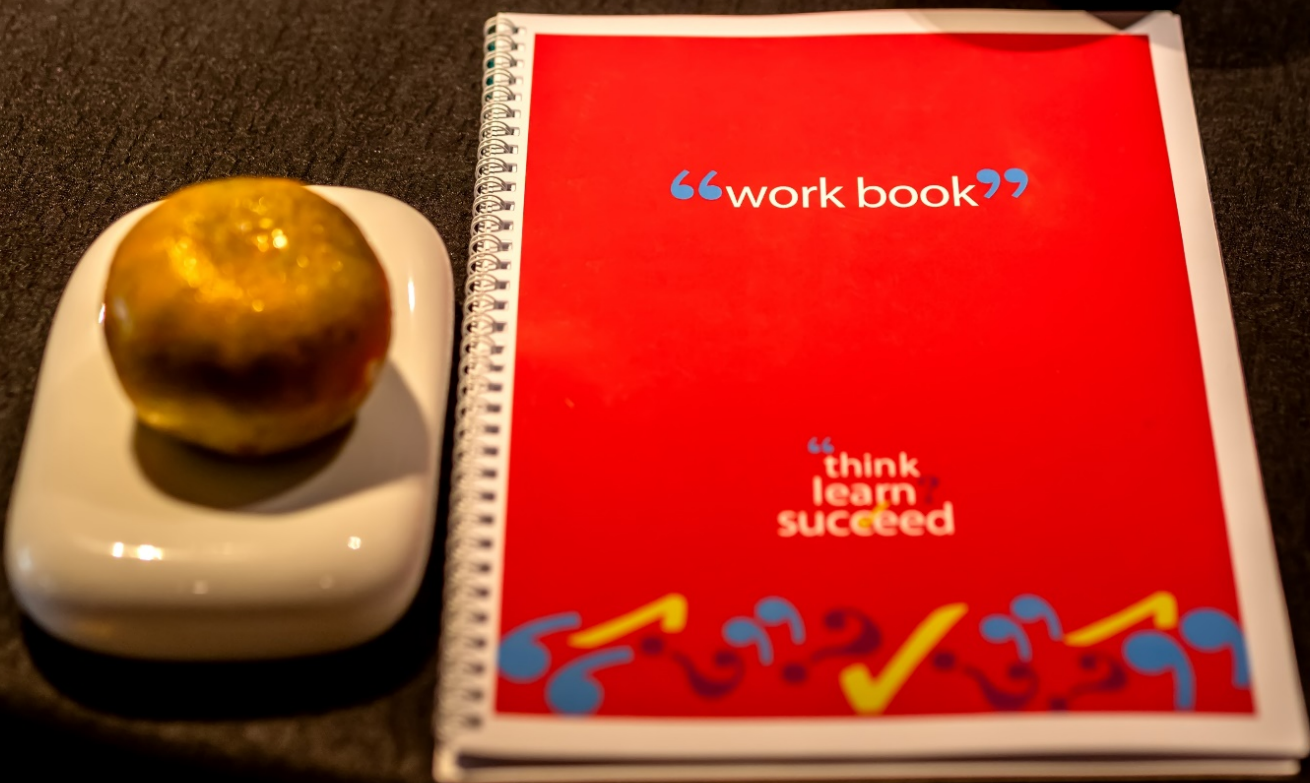
Eleanor Shakiba is a positive psychology trainer and success coach. Her training style is dynamic and bold, with a dash of quirky humour. She believes that interaction, activity and experimentation promote learning. That's why she uses experiential training techniques instead of 'chalk and talk' lectures.

In her early career, Eleanor ran an educational theatre company. In the mid 1990s, Eleanor discovered her passion for facilitation and adult education. She worked for ten years as a trainer and facilitator at the University of Sydney. In 2006, she founded Think Learn Succeed – a business which delivers training courses and coaching. Eleanor loves working with 'positive deviants'. These are people who differ from the norm in constructive ways. Eleanor works with positive deviants to create vibrant business cultures and peak performance.

Eleanor is qualified in Social Anthropology, Adult Education, Counselling and Positive Psychology. She delights in helping professionals learn skills for success in the real world, using interactive learning techniques. Her students describe Eleanor as 'a lively and enthusiastic presenter who can keep you engaged for hours.'

Creativity is Eleanor's signature strength. She loves using it to write books, video scripts and online training programs. Eleanor is the author of *Difficult People Made Easy* and is currently writing her second book, *6 Habits of Savvy Female Negotiators*. She has also created over 120 training programs and a range of online learning courses.





**BOOK THIS COURSE FOR YOUR TEAM**  
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